



BUDAPEST THERMAL BATH

DURATION: 3 HOURS 30 MINUTES



Local Life



Moderate*

TAKE TO THE WATERS, BUDAPEST STYLE

Soak up the restorative powers of Budapest's thermal baths and join locals in a centuries-old tradition. Ancient Romans discovered the benefits of bathing in the thermal waters that flow through Budapest. As the city grew, the spouting springs were treasured and preserved so highly that not even the Communist government forbade their pleasures. Still today, they offer a regimen most residents of Budapest cannot do without. Accompany your guide to one of the city's historic baths, immersing yourself in the therapeutic waters that have flowed here for centuries. During your visit, you might mingle with the locals taking a soak or observe some bathers as they pass the time with a game of chess in the pool. So revered have these waters been that many have been sheltered within facilities that exude a temple-like aura.

* Moderate - Walking portions may be long and somewhat challenging with occasional step-ups, stairs and inclines. Total time walking or standing normally ranges from 1.5 to 3 hours.